



Kentucky
UNBRIELED SPIRIT™
304
Kentucky Department of Parks
Division of Recreation and Interpretation
500 Metro St., CPT 11th Fl.
Frankfort KY 40601



Thank you to our sponsor(s):

5TH ANNUAL KENTUCKY STATE PARKS RACE SERIES

A SERIES OF 5K RACES/WALKS



2009 SCHEDULE

April 4 • May 16 • June 13 • July 11



www.parks.ky.gov

2009 Kentucky State Parks Race Series

Runners and walkers are invited to compete in a unique series of 5k runs/walks featured at four Kentucky State Parks. Take this opportunity to participate in challenging courses with various park terrains. We encourage runners/walkers to participate in the entire series of races. See information for Fun Walk inside brochure.

Begin the series April 4th at E.P. "Tom" Sawyer State Park in Louisville. Continue the race series at the parks listed below.

Barren River Lake State Resort Park
Taylorsville Lake State Park
Rough River Dam State Resort Park

Bring your whole family for a weekend getaway and enjoy our beautiful state parks.

Awards, T-shirts & Prizes

Awards for each race include an overall male and female winner, and 1st and 2nd place winners of each age division, male and female. Registration fees for each race include t-shirts that are guaranteed for pre-registered runners. Day of race registrations will be available while supplies last.

Points are awarded for each of the races and combined for a cumulative score. Grand Prize winners will be named during an award ceremony at Rough River Dam State Resort Park in Falls of Rough, KY.

The Grand Prize is awarded to the male and female accumulating the most points upon completion of the series. First runner up for both male and female categories will receive awards as well. Anyone who participates in the entire series of 5k races will receive a certificate of recognition and will be registered for a special giveaway.

The Point System

Points are awarded for each of the runs and combined for a cumulative score. Points are awarded for both male and female participants as follows.

Time Finishes

18:00 & under: 10 points	26:01 to 28:00: 5 points
18:01 to 20:00: 9 points	28:01 to 30:00: 4 points
20:01 to 22:00: 8 points	30:01 to 32:00: 3 points
22:01 to 24:00: 7 points	32:01 to 34:00: 2 points
24:01 to 26:00: 6 points	34:01 & up: 1 point

Place Finishes

Overall winner: 5 points
1st place (each age group): 4 points
2nd place (each age group): 3 points
3rd place (each age group): 2 points
Participants completing race: 1 point

Men & Women Age Divisions

15 & under	45-49
16-19	50-54
20-24	55-59
25-29	60-64
30-34	65-69
35-39	70 & over
40-44	

In order to be eligible for series awards, runners must compete in all four races. Pre-registration for the series is not required, but is available. If you do not pre-register for the series but wish to compete in the series, please check the box **"Competing in the Series"** on each race registration form before each race.

Runners who have a birthday during the series that requires them to change age groups will be competing for awards in the age group they finish the series in.

Be sure to complete and mail the pre-registration forms for the Kentucky State Parks Race Series today!

April 4, 2009

Goose Creek 5k
E.P. "Tom" Sawyer State Park
\$15 Pre-registration fee
Contact: Paige Fraley 502-429-7270
paige.fraley@ky.gov

May 16, 2009

Barren River 5k Classic
Barren River Lake State Resort Park
\$15 Pre-registration fee
Contact: Lisa Deavers 270-646-2151
lisa.deavers@ky.gov

June 13, 2009

Possum Ridge 5k
Taylorsville Lake State Park
\$15 Pre-registration fee
Contact: Brian Pharis 502-477-8713
brian.pharis@ky.gov

July 11, 2009

Magnolia 5k
Rough River Dam State Resort Park
\$15 Pre-registration fee
Contact: Sheila Jones 270-257-2311
sheila.jones@ky.gov

**For information on the entire
Kentucky State Parks Race Series,
contact Shawn Pickens at 502-564-4940 ext. 247
or shawn.pickens@ky.gov.**